Paul Mitchell The School Charleston, Columbia & Greenville

ESTHETICS COURSE INFORMATION

ESTHETICS COURSE DESCRIPTION

Esthetics: Standard Occupational Classification (SOC) 39-5094.00
Classification of Instructional Programs (CIP) Code 12.0409

The curriculum involves 600 hours to satisfy South Carolina state requirements. The course includes extensive instruction and practical experience in skin, facials, hair removal, makeup application, customer service, personal appearance and hygiene, personal motivation and development, retail (Take Home) skills, guest record-keeping, business ethics, state laws and regulations, salon-type administration, and job interviewing.

The state of South Carolina requires 450 hours to be licensed as an esthetician; however, the School is approved by the state to offer a 600-hour esthetics course. Within the additional 150 hours, students will be introduced to additional training in skin care, makeup, and state law. The additional hours in the course will also help them better understand all aspects of esthetics and provide additional practical experience to better prepare them to pass the state board exam.

***Graduates are prepared to become an entry level esthetician.**

This course is taught in English. Textbooks and course materials are only offered in the English Language.

ESTHETICS COURSE OVERVIEW

Course Hours: 600 clock hours

The course is divided into pre-clinical classroom instruction and clinic classroom learning experiences.

- **Pre-clinical Classroom Instruction:** The first 228 hours are devoted to pre-clinical classroom instruction where Future Professionals develop foundational knowledge and practical skills through classroom workshops, demonstrations, theory instruction, and guided practice. Instruction emphasizes design principles, technical procedures, safety and sanitation, professional conduct, and readiness for supervised services.
- **Clinic Classroom Learning Experience:** Future Professionals apply classroom learning through supervised practical instruction and guest services. With coaching and guidance from Learning Leaders, they refine technical skills, consultation and communication, guest experience, product recommendations, and professional work habits. Learning continues through mini-classes, feedback, and structured practice.

ESTHETICS COURSE OUTLINE

- **Core Curriculum:** The Core Curriculum introduces the foundational principles and skills of the program through theory instruction, demonstrations, and hands-on practice. Future Professionals build essential technical knowledge, safety and sanitation practices, client care, and professional habits. Learning Leaders monitor progress, and learning is evaluated through written, oral, and practical methods, as applicable. Completing Core successfully prepares students for the next phase of their education, including supervised clinic classroom experiences.

- **Clinic Classroom Learning Experience:** In the clinic classroom, Future Professionals provide services to guests under Learning Leader supervision. They keep learning and reinforce classroom instruction through coaching, mini-classes, practical worksheets, and progress evaluations. They practice consultations, service planning, technical proficiency, guest communication, sanitation and safety, and professional service habits.
- **Classroom Learning Experience:** Instruction combines theory, demonstrations, and practical application. Additional learning opportunities may address retailing and product knowledge, communication, professional development, motivation, and career readiness, facilitated by appropriate school team members or guest artists.

ESTHETICS COURSE SUBJECTS

The instructional program meets or exceeds the state requirements.

Subject	Minimum Required Hours
1.Professional Practices 1. Bacteriology and Sanitation a. Personal hygiene b. Public health c. Methods d. Procedures 2. Business Practices a. Management practices b. Salon Development c. Insurance d. Client Records e. Salesmanship	50
2. Sciences 1. History of Skin a. Cell b. Tissue 2. Dermatology a. Structure of the Skin and Glands b. Functions of the Skin and Glands c. Conditions and disorders of the Skin d. Characteristics of the Skin i. Elasticity ii. Color iii. Skin Types e. Nutrition i. Nourishment of Skin ii. Healthful Diet 3. Structure and Functions of Human Systems a. Skeletal b. Muscular c. Nervous d. Circulatory e. Cosmetic Chemistry	130
3. Facial Treatments 1. Facial Massage a. Benefits b. Analysis c. Preparation d. Types of Massage e. Manipulations f. Safety Measures 2. Electrical current--facial treatments a. Types of Current b. Purpose and Effects c. Procedures d. Safety Measures e. Equipment 3. Other Kinds of Facial Treatments a. Purpose and Effects b. Types and Treatments c. Preparation d. Procedures e. Safety Measures	175
4. Hair Removal 1. Depilatories 2. Tweezing 3. Waxing 4. Threading 5. Unassigned: Specific Needs	60

Subject	Minimum Required Hours
5. Makeup, Eyelash and Eyebrows 1. Purpose and Effects 2. Supplies and Implements 3. Preparation 4. Procedure (i) Makeup procedures (ii) Eyelash extensions (iii) Eyelash perming (iv) Eyebrow lamination 5. Safety Measures	100
6. Body Wraps 1. Purpose and Effects 2. Types or Treatments 3. Supplies and Implements 4. Preparation 5. Procedure 6. Safety Measures	40
7. State Laws, Rules, Regulations & Codes	15
8. Unassigned: Specific Needs	30
TOTAL HOURS	**600**

The institution offers employment assistance to help graduates' efforts to secure education-related employment that includes, but is not limited to training in professionalism, resume' development, job interview preparation and job search skills.

ESTHETICS PROGRAM TESTING AND GRADING PROCEDURE

The following tests and grading procedures are used to assess student learning and mastery of course content in the 600-hour course:

1. **Academic Theory exams:** Students must receive a grade of 75% or higher on each assigned theory exam.
2. **Final written and practical:** The written exam covers an overview of all theory instruction and other items covered on the state esthetics exam. Students must receive a grade of 75% or higher on all final exams.
3. **Clinic classroom practical worksheets:** Students must complete clinic classroom practical worksheets.

The following grading scale is used:

A = 90 – 100% B = 80 – 89% C = 75 – 79% Failing = Below 75%

ESTHETICS INSTRUCTIONAL TECHNIQUES AND METHODS

The Esthetics 600 clock hour course is provided through a sequential set of learning steps which address specific tasks necessary for State Board preparation, graduation and job entry level skills. Clinic equipment, implements and products are comparable to those used in the industry. Each student will receive instruction that relates to the performance of useful, creative and productive career oriented activities. The course is presented through well-developed lesson plans that reflect the latest educational methods. Subjects are presented by means of lecture, demonstration, and student participation. Audio-visual aids, guest speakers, field trips, and other related learning methods are used in the course.